



EVERYTHING
Herbal

— by Cheryl Jabz —



Herbs. Health. Healing. Naturally.

Growing in Cold Areas



If you're in a place like Buffalo, NY:

Start indoors in early spring. Move outside only when temps stay above 60°F. Bring back inside before fall frost.



Harvesting Baby Ginger:

Ready in 4–6 months (milder, less fibrous).

Mature ginger: 8–10 months.

Gently dig around edges or
harvest whole plant.



Pro Tips

Ginger grows best in containers for easy control. Replant a piece of your harvest to keep it going year after year. Yellowing leaves at the end of the season = ready to harvest.



SCAN ME



Cheryl Jabz

HERBALIST | AUTHOR | WELLNESS ADVOCATE



VISIT MY WEBSITE

www.everythingherbalbycheryljabz.com

Herbal wisdom for everyday living.



PRINT
for your collection



SAVE
for later



SHARE
with others



DOWNLOAD
THIS PAGE