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HERBAL RECIPES



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# Everything HERBAL

by Cheryl Jabz

## Creamy Thyme Chicken

### INGREDIENTS

- 2 chicken breasts
- 1 tbsp butter
- 2 garlic cloves
- 1 tsp thyme
- 1 cup heavy cream
- Parmesan cheese
- Salt & pepper

### INSTRUCTIONS

- 1 Sear chicken until golden.
- 2 Add garlic and thyme.
- 3 Pour in cream and simmer until thickened.
- 4 Sprinkle with Parmesan before serving.

*Great with pasta or mashed potatoes.*

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Thyme