



Herbal CANDLE MAKING



SUPPLIES NEEDED

- Soy wax flakes, beeswax, or coconut wax
- Candle jars or tins
- Cotton or wooden wicks
- Double boiler or heat-safe bowl
- Thermometer (helpful but optional)
- Essential oils
- Dried herbs and flowers
- Glue dots or wick stickers
- Clothespin or pencil to hold wick upright

BEST HERBS FOR CANDLES



RELAXING HERBS

Lavender
Chamomile
Lemon balm



FRESH & CLEAN HERBS

Rosemary
Mint
Eucalyptus



COZY & WARM HERBS

Cinnamon
Clove
Orange peel



FLORAL HERBAL BLENDS

Rose petals
Jasmine
Calendula

TIPS FOR BETTER CANDLES

- Soy wax gives cleaner burns.
- Beeswax burns longer and naturally smells like honey.
- Cure candles 1-2 days before use for stronger scent.
- Trim wick to 1/4 inch before lighting.
- Avoid adding fresh herbs – always use fully dried herbs.

SIMPLE SCENT BLENDS

BLEND: HERBS & OILS

- **Sleep:** Lavender & Chamomile
- **Focus:** Rosemary & Peppermint
- **Winter Comfort:** Orange & Clove & Cinnamon
- **Garden Fresh:** Basil & Mint & Lemon
- **Floral Calm:** Rose & Lavender

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