



EVERYTHING
Herbal
— by Cheryl Jabz —

*This recipe uses fresh ingredients
for a natural, sharp scent and
rustic appearance.*

Fragrant & Fresh Ginger Soap Bars



INGREDIENTS

- 1 lb melt-and-pour soap base (white or clear)
- 1–2 tbsp fresh ginger root, peeled and finely grated
- 10–15 drops essential oil (tangerine and lemongrass are recommended)
- Optional:**
1 tsp chia seeds or green tea powder for extra exfoliation and color



INSTRUCTIONS

- 1 While your soap base is melting, grate the peeled fresh ginger directly into the bottom of your soap molds.
- 2 Cut the soap base into 3- to 4-inch chunks.
- 3 Melt the soap slowly using a microwave in 30-second bursts or a double boiler until just liquid.
- 4 **Do not** let it boil.
- 5 Pour the melted soap over the ginger in the molds.
- 6 Immediately add 6 to 7 drops of essential oil per bar, or about 10–15 drops for the whole batch.
- 7 Use a toothpick to stir in any extra ingredients, like chia seeds or green tea powder, into the individual bars.
- 8 Allow the soap to sit undisturbed for at least 2 hours until completely firm.
- 9 Pop the bars out of the molds and they are ready to use.

SCAN ME



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