



CLASSIC *Italian* HERBAL RECIPES



Classic Italian recipes that bring together the rich flavors of Italy with the goodness of herbs. From rustic soups and hearty pastas to savory mains and fresh sides, each recipe is made with simple ingredients, olive oil, garlic, and the timeless herbs of Italy.



TUSCAN HERB CHICKEN

Herbs: Rosemary, Thyme, Basil, Oregano
Juicy chicken marinated in olive oil, garlic, lemon, and herbs, then roasted to perfection.



ITALIAN MINISTRONE SOUP

Herbs: Basil, Oregano, Thyme, Parsley
A hearty vegetable soup with beans, tomatoes, and pasta simmered with classic Italian herbs.



CREAMY HERB RISOTTO

Herbs: Parsley, Thyme, Rosemary
Arborio rice cooked slowly with broth, white wine, garlic, and fresh herbs.



SPAGHETTI MARINARA

Herbs: Basil, Oregano, Garlic, Parsley
A simple tomato sauce with garlic and herbs served over pasta with extra virgin olive oil.



CAPRESE SALAD

Herbs: Basil, Oregano
Fresh tomatoes, mozzarella, and basil drizzled with olive oil and balsamic glaze.



GARLIC HERB FOCACCIA

Herbs: Rosemary, Thyme, Oregano
Olive oil focaccia bread topped with garlic and a blend of Italian herbs.



EGGPLANT PARMIGIANA

Herbs: Basil, Oregano, Parsley
Layers of breaded eggplant, marinara sauce, cheese, and herbs baked until bubbly.

HERBS OF ITALY



BASIL

Sweet and aromatic, perfect for pasta, sauces & salads.



OREGANO

Earthy and robust, essential for pizzas, sauces & marinades.



ROSEMARY

Piney and fragrant, ideal for roasted meats & vegetables.



THYME

Warm and subtle, great in soups, stews & sauces.



PARSLEY

Fresh and bright, adds color and nutrition to dishes.



GARLIC

Bold and savory, the heart of Italian cooking.



SAGE

Earthy and slightly peppery, perfect for pasta & meats.



BAY LEAVES

Aromatic and deep, used in soups, sauces & stews.

Psalm 104:14 (KJV)

"He causeth the grass to grow for the cattle, and herb for the service of man..."



Fresh Herbs • Olive Oil • Garlic • Love
The Heart of Italian Cooking!



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