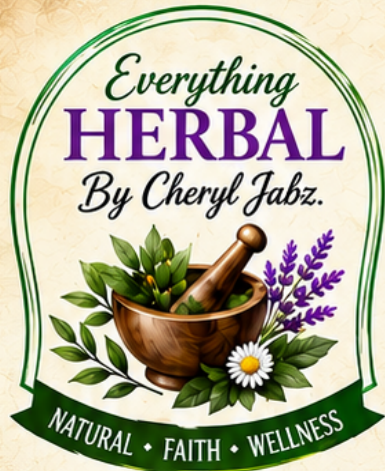




Creamy HERB RISOTTO

A TASTE OF ITALY



God's Recipe of Anointing Oil

Exodus 30:23-25 (KJV)

And thou shalt take the chiefest of the spices, even pure myrrh five hundred shekels, and of sweet cinnamon half so much, even two hundred and fifty shekels, and of sweet calamus two hundred and fifty shekels,

And of cassia five hundred shekels, after the shekel of the sanctuary, and of oil olive an hin:

And thou shalt make it an holy anointing oil, an ointment compounded after the art of the apothecary...

Rich, Creamy & Comforting —
Infused with Real Herbs!

A classic Italian dish made special with fragrant herbs, creamy texture, and homemade love.

INGREDIENTS

- 1 cup Arborio rice (or short grain rice)
- 4-5 cups chicken or vegetable broth
- 1 small onion, finely chopped
- 2 cloves garlic, minced
- 1/2 tsp salt
- 1/4 tsp black pepper
- 1/2 cup dry white wine (or extra broth)
- 3 tbsp olive oil or butter
- 1/2 cup grated Parmesan cheese
- 2 tbsp fresh herbs (basil, parsley or rosemary), chopped
- 1-2 tbsp fresh thyme or sage
- 1/2 cup baby spinach (optional)
- 1 tbsp, or more, creamy soft cheese (like mascarpone - optional)

INSTRUCTIONS

- Heat broth in a pot and keep warm.
- In a large, deep skillet, heat olive oil or butter. Sauté onion until soft, about 3-4 minutes.
- Add garlic and cook 1 minute longer.
- Stir in Arborio rice. Cook for 1-2 minutes, stirring to coat with oil/butter.
- Pour in white wine (if using). Stir until mostly absorbed.
- Add a 1 cup of warm broth, stirring constantly. Simmer and let broth be absorbed. Continue adding broth, 1/2 cup at a time, stirring often.
- Keep adding broth and stir until rice is tender and creamy (about 18-20 minutes).
- Stir in grated Parmesan, fresh herbs, spinach (if using), and soft cheese if desired.
- Season with more herbs, salt, and pepper to taste. Let sit 2 minutes. Serve warm!

Made with Love & Simple Ingredients

Brown Rice • Chicken or Veg Broth
Olive Oil • Herbs • Onion • Garlic
White Wine • Parmesan

PERFECT WITH:

- Grilled Chicken or Fish
- Roasted Vegetables
- Herb Salad
- A Slice of Garlic Bread

DID YOU KNOW?

Herbs not only add incredible flavor, they also support digestion, heart health, and overall well-being!



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