



Everything
HERBAL
BY CHERYL JABZ

Herbs. Healing. Living Naturally.



Herbal
CEREAL

♥ RECIPES ♥

Mint Chocolate Breakfast Crunch

INGREDIENTS

- 3 cups toasted oat cereal
- 1 cup sliced almonds
- ½ cup unsweetened coconut flakes
- 2 tablespoons cocoa powder
- ¼ teaspoon dried peppermint, finely crushed
- ¼ cup maple syrup
- 2 tablespoons melted coconut oil
- ½ teaspoon vanilla

DIRECTIONS

Toss everything together. Bake at **325°F for 15–20 minutes**, stirring once. Cool before serving.



**DOWNLOAD
THIS RECIPE**

Print • Save • Share



SCAN ME



ABOUT THIS RECIPE

A refreshing and energizing breakfast crunch with cool mint, rich chocolate, and a touch of natural sweetness. Perfect with milk, yogurt, or as a tasty snack!



HERBAL
RECIPES



WELLNESS
TIPS



HERBAL
LIVING

www.EverythingHerbalbyCherylJabz.com

