



Everything Herbal
by Cheryl Jabz

Peppermint

COOLING • REFRESHING • SOOTHING

Peppermint is a refreshing aromatic herb cherished for its cool, crisp flavor and soothing properties. Commonly used in teas, wellness blends, aromatherapy, and homemade products, peppermint is a versatile plant that supports digestive comfort, mental clarity, and everyday well-being.



Nature
COOLS THE BODY
Calms the Mind
& NOURISHES
THE SOUL



SCAN ME



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