



Everything Herbal

BY CHERYL JABZ

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Creamy Garlic Herb Pasta

INGREDIENTS:

- 12 oz pasta
- 2 tbsp butter
- 4 garlic cloves, minced
- 1 cup heavy cream or half & half
- 1 cup parmesan cheese
- 1 tbsp basil & 1 tbsp parsley
- Salt & pepper



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INSTRUCTIONS:

- 1 Cook pasta according to package directions.
- 2 Melt butter in skillet over medium heat.
- 3 Add garlic and cook 1 minute. Stir in cream and simmer 3–4 minutes.
- 4 Add parmesan and stir until smooth. Toss in pasta, basil, parsley, salt, and pepper.

Optional add-ins:

chicken, spinach, mushrooms, broccoli.



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