



Everything's
HERBAL
BY CHERYL JABZ

Herbs. Healing. Living Naturally.



Herbal PANCAKES

♥ DELICIOUS & AROMATIC ♥

Apple-Sage Pancakes

INGREDIENTS

- 1½ cups flour
- 2 tablespoons brown sugar
- 2 teaspoons baking powder
- ½ teaspoon cinnamon
- ¼ teaspoon salt
- ⅛ teaspoon dried sage, finely crushed
- 1¼ cups milk
- 1 egg
- 2 tablespoons melted butter
- 1 teaspoon vanilla
- 1 small apple, peeled and grated

DIRECTIONS

Combine the dry ingredients. Whisk together the milk, egg, butter, and vanilla. Add the wet ingredients and grated apple to the dry mixture. Stir gently and cook on a greased skillet until golden on both sides.



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SCAN ME

SERVE WITH:

Warm apples,
maple syrup, or
chopped walnuts.



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