



LAVENDER

Moisturizing Lotion

— Light & Soothing —



A light, soothing homemade lotion that helps moisturize and soften the skin with a calming lavender scent.

INGREDIENTS

-  1/2 cup coconut oil or shea butter
-  2 tbsp almond oil or jojoba oil
-  1 tbsp beeswax (for thickness)
-  10–15 drops lavender essential oil

 *Optional:*

1 tsp vitamin E oil

INSTRUCTIONS

- 1** Melt coconut oil, beeswax, and almond oil in a double boiler.
- 2** Remove from heat and let cool slightly.
- 3** Stir in lavender essential oil and vitamin E.
- 4** Let it cool until semi-solid, then whip with a hand mixer (optional for fluffy texture).
- 5** Transfer to a clean jar.

USE

Apply to dry skin, hands, or after showering.



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