



EVERYTHING HERBAL

by
CHERYL JABZ



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Sage Lemonade



Refreshing citrus and cooling herbs make this a wonderful summer beverage.

INGREDIENTS

- 1 cup lemon juice
- 4 cups water
- ½ cup honey
- 6 fresh sage leaves



INSTRUCTIONS

- 1 Lightly muddle sage.
- 2 Combine all ingredients.
- 3 Chill for 1 hour.
- 4 Serve over ice.



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