



EVERYTHING
HERBAL
by Cheryl Jabz



Spinach, Basil &
MOZZARELLA
MAC





BENEFITS: *Basil adds a sweet herbal aroma. Spinach contributes vitamins and minerals.*

INGREDIENTS

- 12 oz macaroni
- 2 cups fresh spinach, chopped
- 2 tbsp fresh basil, chopped
- 2 cups mozzarella cheese, shredded
- 1 cup Parmesan cheese, grated
- 3 cups milk
- 3 tbsp butter
- 3 tbsp flour
- Salt and pepper to taste

INSTRUCTIONS

- 1  Cook pasta.
- 2  Prepare cheese sauce.
- 3  Stir in spinach and basil until wilted.
- 4  Combine with pasta and bake at 375°F for 20 minutes.



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