



Everything Herbal

by Cheryl Jabz



Bay Leaf Chicken Soup



Ingredients

-  Chicken breast or thighs
-  Carrots
-  Celery
-  Onion
-  Garlic
-  Chicken broth
-  2 bay leaves
-  Thyme
-  Salt & pepper

Instructions

-  Add all ingredients to a large pot.
-  Simmer until chicken is tender.
-  Shred chicken and return to pot.
-  Remove bay leaves before serving.

Cheryl's Tip

For extra flavor, let the soup simmer gently and taste before serving to adjust seasoning.



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