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Everything HERBAL

by Cheryl Jabz

Faith • Herbs • Health

Made with
Herbs
and
Irish Tradition

IRISH CHICKEN & DUMPLINGS

Creamy • Comforting • Full of Flavor

Luke 11:42 (KJV)

“...ye tithe
mint and rue
and all manner
of herbs...”

HERBS & THEIR BENEFITS



THYME

Adds earthy flavor and supports immunity.



PARSLEY

Bright, fresh, and rich in vitamins and antioxidants.



ROSEMARY

Aromatic and digestive, adds deep, comforting flavor.



BAY LEAF

Enhances flavor and supports digestion.

RECIPE HIGHLIGHTS



Tender chicken, hearty vegetables, and soft dumplings.



Perfect for cozy dinners any time of the year.



A true taste of Ireland in every comforting bowl!

MADE WITH SIMPLE INGREDIENTS



CHICKEN



CARROTS



CELERY



ONION



FLOUR
DUMPLINGS



GARLIC



FRESH HERBS

A warm bowl of Irish comfort that brings family together and nourishes the soul.



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NATURAL INGREDIENTS



FAITH INSPIRED



HERBAL LIVING



MADE WITH LOVE

