



Everything Herbal by Cheryl Jabz

www.EverythingHerbalbyCherylJabz.com



DOWNLOAD THIS PAGE

Scan to
Explore More



Comfrey Melt & Pour Healing Soap



*Best for: soothing dry skin,
gentle cleansing, calming irritation*

INGREDIENTS:

- 1 lb melt & pour soap base (goat milk or shea butter works great)
- 1–2 tbsp comfrey-infused oil (use dried herb infusion only)
- 1 tbsp finely ground dried comfrey leaf (optional, for mild exfoliation)
- 10–15 drops lavender essential oil (optional)
- Optional: 1 tsp vitamin E oil (for skin nourishment)

PRO TIPS:

Don't add too much oil (keep under ~2 tbsp per lb) or the soap may soften. Use finely ground comfrey to avoid scratchy texture.

Pair with lavender or chamomile for a calming herbal blend.



For external use only.

INSTRUCTIONS:

- 1 Cut soap base into cubes and melt in a microwave (30-second intervals) or double boiler until fully liquid.
- 2 Stir in your comfrey-infused oil. This gives the soap its soothing properties.
- 3 Add ground comfrey leaf, essential oil, and vitamin E. Stir gently to combine.
- 4 Pour mixture into soap molds. Lightly spray with rubbing alcohol to remove bubbles.
- 5 Let sit 2–4 hours until fully hardened.
- 6 Remove from molds and store in a cool, dry place.



Print • Save • Share