

EVERYTHING Herbal

by Cheryl Jabz

COOKING
WITH HERBS
FOR HEALTH,
FLAVOR &
TRADITION

Herbal White Pizza

on

PREMADE GARLIC PIZZA DOUGH

Why You'll Love This Pizza

This creamy white pizza combines fresh herbs, garlic, and rich cheeses on a convenient premade garlic pizza dough. The herbs add flavor, aroma, and beneficial plant compounds while reducing the need for excess salt.

Herbal Benefits



Basil

Rich in antioxidants and adds a fresh, sweet flavor.



Oregano

Contains antioxidant compounds and provides a classic Italian taste.



Rosemary

Aromatic herb with natural antioxidant properties.



Parsley

Provides vitamin K and bright, fresh flavor.

Simple Ingredients,
Incredible Pizza! ♥

Adds savory depth and contains beneficial sulfur compounds.

Fresh Herbs,
Big Flavor! ♥

INGREDIENTS (Serves 4-6):

PIZZA

- 1 premade garlic pizza dough (about 12-14 inches)
- 1 cup ricotta cheese
- 1½ cups shredded mozzarella cheese
- ¼ cup grated Parmesan cheese
- 1 tbsp olive oil
- 1 tbsp fresh basil, chopped
- 1 tbsp fresh parsley, chopped
- 1 tsp fresh rosemary, finely minced
- 1 tsp dried oregano
- ¼ tsp black pepper

Optional: pinch red pepper flakes

GARNISH

- Extra fresh basil leaves
- Fresh parsley
- Drizzle of olive oil

INSTRUCTIONS:

- 1 Preheat oven according to the pizza dough package directions (typically 425-450°F / 220-230°C).
- 2 In a bowl combine ricotta cheese, basil, parsley, rosemary, oregano, and black pepper. Mix until well blended.
- 3 Stretch or roll the garlic pizza dough onto a pizza pan or baking sheet.
- 4 Brush lightly with olive oil.
- 5 Spread the herb ricotta mixture evenly over the dough.
- 6 Sprinkle mozzarella and Parmesan cheeses over the top.
- 7 Bake 12-15 minutes or until the crust is golden and the cheese is bubbly and lightly browned.
- 8 Remove from oven. Sprinkle with fresh basil and parsley. Add a light drizzle of olive oil if desired.

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to yours ♥

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