



EVERYTHING HERBAL

By *Cheryl Jabz*

NATURAL SOLUTIONS FOR
A HEALTHIER YOU



*Family
Favorite!*



Judy's (Mom) BAKED BEANS



INGREDIENTS:

- 2 41 oz cans of pork & beans
- 1 pkg. bacon (thick)
- 1/2 cup of brown sugar
- 1/4 cup ketchup
- 1/4 cup mustard
- 2 tbsp red wine vinegar
- 2 medium onions

HERBS & SEASONINGS (ADDED FOR MORE FLAVOR):

- 1 tsp dried thyme
- 1 tsp dried parsley
- 1/2 tsp garlic powder
- 1/2 tsp smoked paprika

Optional:

- 1/4 tsp ground black pepper

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Cook bacon 1/2 through then add bacon.
Add to pork n beans.

Mix all other ingredients (including herbs & seasonings)
then add to beans. Cook 1 1/2 hrs on **375°**.



Herbs for the Body ♥ *Peace for the Soul* ♥ *Live Naturally the Way God Intended*



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