



EVERYTHING
Herbal

— by Cheryl Jabz —

Herbs. Health. Healing. Naturally.



BASIL

(Warm-Weather)

A fragrant and versatile herb that
thrives in the warmth and adds amazing
flavor to so many dishes!



GROWING TIPS:



Sunlight: Full sun (6–8 hours daily)



Temperature: Loves warmth—plant after
last frost



Soil: Well-draining, slightly moist soil



Water: Keep soil moist but not soggy



Planting: Start from seeds or small plants.
Space about 8–12 inches apart



Care: Pinch off the top leaves regularly
to encourage bushy growth. Remove
flowers to keep leaves flavorful



Harvest: Pick leaves often—this actually
helps the plant grow more!



Grow it • Use it • Love it

Fresh flavor right from your garden!

Cheryl Jabz ♡

HERBALIST | AUTHOR | WELLNESS ADVOCATE



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www.everythingherbalbycheryljabz.com

Herbal wisdom for everyday living. ♡



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SCAN ME



USES IN THE KITCHEN & BEYOND

- ✓ Perfect in pasta, pizza, salads, soups, and sauces
- ✓ Makes a delicious pesto
- ✓ Great in homemade dressings, marinades, and dips
- ✓ Add fresh leaves to drinks, lemonade, or infused oils
- ✓ Pairs beautifully with tomatoes, garlic, mozzarella, and more!

Fresh Basil, Happy Meals!

