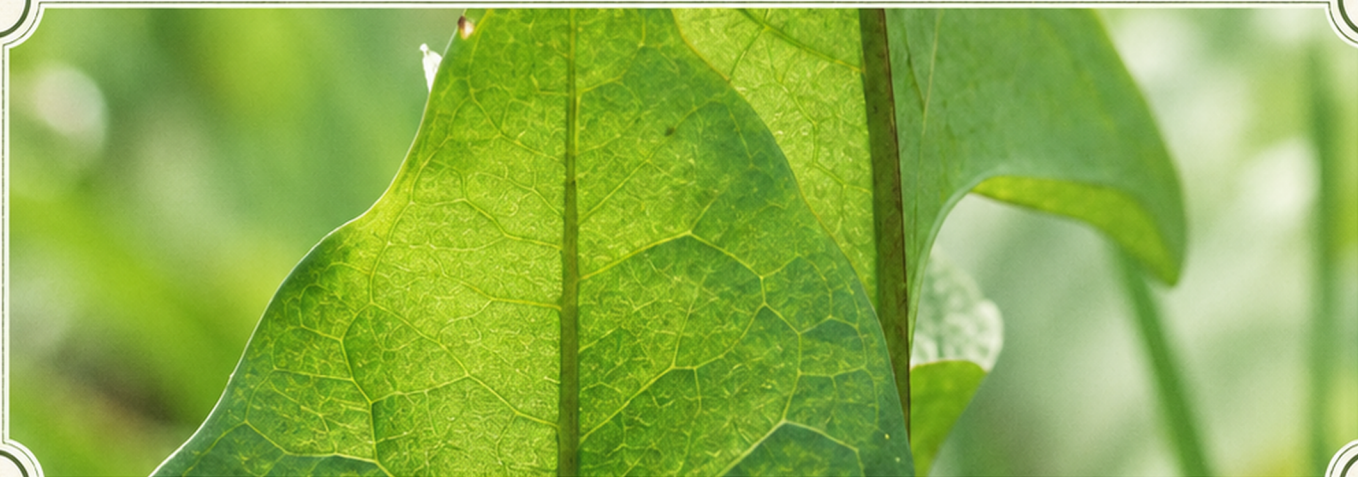




Everything *Herbal*

by Cheryl Jabz



Dandelion Leaf

Natural diuretic. Supports kidney filtration
and detox. High in potassium
(unlike many diuretics).

Dandelion Leaf Tea

- 1 tsp dried leaf
- 1 cup hot water
- Steep 10 minutes



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