



EVERYTHING *Herbal*

— • by Cheryl Jabz • —

OREGANO MELT & POUR SOAP RECIPE

HERBAL • SIMPLE • NOURISHING

INGREDIENTS

- ❖ 1 lb (16 oz) melt & pour soap base (Goat's Milk, Shea Butter, or Clear Glycerin)
- ❖ 20–40 drops oregano essential oil (use sparingly—this oil is potent)
- ❖ 1–2 teaspoons dried oregano leaves (lightly crushed)
- ❖ **Optional:** 1 tsp olive oil or vitamin E oil (for added moisture)

EQUIPMENT

- ❖ Microwave-safe glass container
- ❖ Silicone soap mold
- ❖ Rubbing alcohol in a spray bottle
- ❖ Stirring utensil



INSTRUCTIONS

- 1 Cut the soap base into small 1-inch cubes.
- 2 Melt in the microwave in 30-second intervals, stirring between each round until fully melted.
- 3 **Be careful not to scorch or burn.**
- 4 Remove from heat and cool slightly.
- 5 Stir in oregano essential oil, crushed dried oregano leaves, and optional oils.
- 6 Mix gently to avoid air bubbles.
- 7 Carefully pour the mixture into your silicone mold.
- 8 Lightly spray the surface with rubbing alcohol to eliminate bubbles.
- 9 Let the soap harden at room temperature for 2–4 hours, or until fully set.
- 10 Remove from molds and use immediately, or wrap in plastic wrap to preserve freshness.



Avoid Overheating:

Prevents brittleness and sweating.



Go Light on Oregano Oil:

It's powerful and can irritate sensitive skin—always test first.



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