



Everything Herbal

by Cheryl Jabz

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Comfrey Arnica Pain Salve

Best for: sore muscles, joint pain

INGREDIENTS:

-  1/2 cup comfrey-infused oil
-  1/2 cup arnica-infused oil
-  2 tbsp beeswax
-  10 drops eucalyptus essential oil

INSTRUCTIONS:



Melt beeswax.
Stir in both oils.
Add essential oil.
Pour into tins and cool.



For external use only.
Do not apply to broken skin.



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