



Everything Herbal

— by Cheryl Jabz —



Rosemary Mocha Coffee



INGREDIENTS:

- 1 cup brewed coffee
 - 1 teaspoon cocoa powder
 - 1/4 teaspoon finely crushed dried rosemary
 - 1 tablespoon cream
 - Sweetener to taste
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INSTRUCTIONS:



Brew coffee. Whisk in cocoa powder and rosemary. Let steep 2 minutes. Strain if desired and add cream.



BENEFITS:

Rosemary may support circulation and memory. Cocoa provides antioxidants. Rich, earthy flavor with a hint of chocolate.



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