



EVERYTHING HERBAL
by Cheryl Jabz

Melt & Pour Soap Recipes with Herbs

There's something special about creating handmade soap with herbs and essential oils. Herbal soap making combines natural ingredients, skin-loving oils, and botanical benefits into beautiful bars that are both practical and relaxing to use. Whether you are making soap for yourself, gifts, or your business, herbal essential oil soaps bring nature into everyday self-care.

Beautiful, beginner-friendly soaps using herbs, botanicals, and skin-loving ingredients.

BEST HERBS FOR SOAP MAKING:

Lavender, chamomile, calendula, rosemary, mint, rose petals, sage, parsley, lemongrass.

Pro Tips for Herbal Melt & Pour Soap

Use finely ground herbs so bars feel smoother. Too many herbs can cause brown spots over time. Add herbs on top for decoration if preferred. Wrap finished soap in plastic wrap to prevent sweating. Use 10–20 drops essential oil per pound base.



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