



Everything
Herbal

BY CHERYL JABZ

✦ KNOWLEDGE. NATURE. WELLNESS. ✦

BAY LEAF'S 3 MOST POPULAR RECIPES

Warm. Savory. Naturally Herbal.

BAY LEAF

Bay leaf is a classic culinary herb with a subtle earthy, herbal aroma that adds depth and richness to slow-cooked dishes.



SAVORY
DEPTH



SOUP
ESSENTIAL



KITCHEN
CLASSIC

DOWNLOAD
THIS PAGE



Print • Save • Share

SCAN ME



FOR MORE HERBAL GOODNESS!

Empowering you
naturally. ♥



1 BEEF STEW WITH BAY LEAF

A hearty, comforting stew simmered with bay leaf for deep savory flavor.

KEY INGREDIENTS

Beef • Potatoes • Carrots • Onion • Garlic •
Bay Leaf • Broth • Celery • Salt & Pepper

WHY YOU'LL LOVE IT

Rich, cozy, and perfect for family dinners.



2 CHICKEN NOODLE SOUP

Classic chicken soup made even better with the gentle aroma of bay leaf.

KEY INGREDIENTS

Chicken • Egg Noodles • Carrots • Celery •
Onion • Bay Leaf • Broth • Parsley

WHY YOU'LL LOVE IT

Warm, soothing, and full of homemade comfort.



3 TOMATO SAUCE WITH BAY LEAF

A slow-simmered tomato sauce infused with bay leaf for extra depth and balance.

KEY INGREDIENTS

Tomatoes • Onion • Garlic • Olive Oil •
Bay Leaf • Italian Herbs • Salt & Pepper

WHY YOU'LL LOVE IT

Simple, flavorful, and wonderful over pasta or in casseroles.



LEARN
HERBS



COOK
NATURALLY



LIVE
WELL



SHARE
GOODNESS



WWW.EVERYTHINGHERBALBYCHERYLJABZ.COM

For educational purposes only. Not intended to diagnose, treat, cure, or prevent any disease.