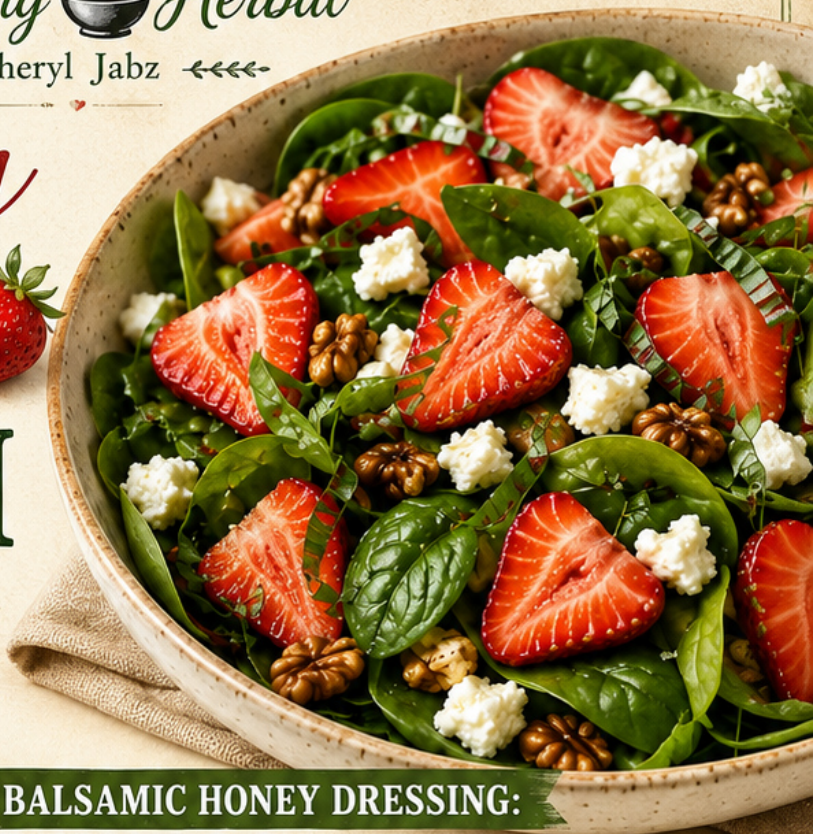




Everything Herbal

by Cheryl Jabz

Strawberry BASIL SPINACH Salad



INGREDIENTS:

Serves 4

- ♥ 5 oz baby spinach
(about 1 large salad bowl)
- ♥ 1 1/2 cups sliced strawberries
- ♥ 8–10 fresh basil leaves,
sliced into ribbons
- ♥ 1/2 cup pecans or walnuts
- ♥ 1/3 cup crumbled feta cheese



BALSAMIC HONEY DRESSING:

- ♥ 3 tbsp olive oil
- ♥ 1 1/2 tbsp balsamic vinegar
- ♥ 1 tsp honey
- ♥ 1/8 tsp black pepper
- ♥ Pinch of salt (optional)



OPTIONAL ADD-INS:

- ♥ Blueberries • Red onion slices
- ♥ Grilled chicken • Avocado
- ♥ Candied pecans



*For extra flavor, lightly toast
the nuts before adding
them to the salad.*



INSTRUCTIONS:

Add spinach to a large bowl. Top with strawberries, basil, nuts, and feta.
Whisk dressing ingredients together until combined. Drizzle over
Salad just before serving and toss gently.

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