



Everything  
*Herbal*  
BY CHERYL JABZ

✿ KNOWLEDGE. NATURE. WELLNESS. ✿



# BASIL'S

## 3 MOST POPULAR RECIPES

*Fresh. Fragrant. Naturally Herbal.*

### BASIL

*Basil is a fragrant culinary herb with a sweet, peppery flavor that brings freshness and aroma to everyday dishes.*



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FLAVOR



KITCHEN  
FAVORITE



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### 1 CLASSIC BASIL PESTO PASTA

*Tender pasta tossed in a vibrant basil pesto sauce for a simple and flavorful meal.*

✿ KEY INGREDIENTS ✿

Pasta • Fresh Basil • Garlic • Parmesan •  
Olive Oil • Pine Nuts • Salt & Pepper

WHY YOU'LL LOVE IT

Bright, fresh, and delicious for lunch or dinner.



### 2 CAPRESE SALAD

*A refreshing combination of tomatoes, mozzarella, and basil with a drizzle of olive oil.*

✿ KEY INGREDIENTS ✿

Tomatoes • Fresh Mozzarella • Fresh Basil •  
Olive Oil • Balsamic Glaze • Salt & Pepper

WHY YOU'LL LOVE IT

Light, colorful, and perfect as a side dish or appetizer.



### 3 MARGHERITA PIZZA

*A classic pizza topped with tomato sauce, mozzarella, and fragrant fresh basil.*

✿ KEY INGREDIENTS ✿

Pizza Dough • Tomato Sauce • Mozzarella •  
Fresh Basil • Olive Oil

WHY YOU'LL LOVE IT

A timeless favorite with simple ingredients and bold flavor.



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*For educational purposes only. Not intended to diagnose, treat, cure, or prevent any disease.*