



Why I'm promoting **HERBS** for the **BODY ♥ PEACE** for the **SOUL** *to Live Well Naturally Everyday* — as God intended. —

God created the earth and filled it with beautiful plants and herbs to nourish, heal and sustain us.

I promote herbs because I believe in honoring His design for our bodies, minds and spirits — so we can live well, naturally, every day as He intended.

“And God said, ‘Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.’”

— Genesis 1:29



NOURISHING THE BODY

Herbs provide vitamins, minerals and antioxidants that support our immune system, digestion, energy and overall wellness.



BRINGING PEACE TO THE SOUL

From calming teas to soothing scents, herbs help reduce stress, promote better sleep and bring balance to our busy lives.



LIVING WELL NATURALLY

I believe in working with God's creation, not against it. Herbs offer gentle, effective ways to care for our families and our future.



GOD'S DESIGN, OUR CHOICE

From the kitchen to the garden, from self-care to home remedies, herbs are a simple way to honor God and live the life He intended.



A HEALTHIER PLANET

Choosing herbs supports a more sustainable, earth-friendly way of living for generations to come.



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SCAN ME



*Let's grow
wellness
together!*



Embrace God's Creation. Live Well Naturally as He Intended.