



Everything Herbal

by Cheryl Jabz



Horsetail

Natural diuretic that helps reduce fluid retention. Supports urinary tract and kidney cleansing

Horsetail Tea

- 1 tsp dried horsetail
- 1 cup hot water
- Steep 10 minutes

www.EverythingHerbalbyCherylJabz.com

Download
This Page



Print • Save • Share

