



Everything
Herbal
BY CHERYL JABZ

KNOWLEDGE. NATURE. WELLNESS.

CLOVE'S 3 MOST POPULAR RECIPES

Warm. Cozy. Naturally Delicious.



CLOVE

Clove is a warm, aromatic spice cherished for its bold flavor and traditional wellness uses. It brings depth to beverages, baked treats, and cozy homemade recipes.



WARM SPICE



AROMATIC
FAVORITE



VERSATILE
INGREDIENT

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SCAN ME



FOR MORE HERBAL GOODNESS!

Empowering you
naturally. ♥



1 CLOVE HONEY TEA

A soothing warm drink with clove's bold spice, perfect for cozy mornings or relaxing evenings.

KEY INGREDIENTS

Whole Cloves • Hot Water • Honey •
Lemon Slice (optional) • Cinnamon Stick (optional)

WHY YOU'LL LOVE IT

Simple, warming, and comforting with a naturally spicy flavor.



2 CLOVE-SPICED BAKED APPLES

Tender baked apples infused with clove and cinnamon for a naturally sweet dessert or side.

KEY INGREDIENTS

Apples • Ground Clove or Whole Cloves • Cinnamon •
Butter or Coconut Oil • Brown Sugar or Maple Syrup

WHY YOU'LL LOVE IT

Sweet, fragrant, and perfect for fall-inspired comfort food.



3 CLOVE OATMEAL

A hearty breakfast bowl flavored with clove and warming spices for a satisfying start to the day.

KEY INGREDIENTS

Rolled Oats • Milk or Water • Ground Clove •
Cinnamon • Honey or Maple Syrup •
Raisins or Nuts (optional)

WHY YOU'LL LOVE IT

Filling, cozy, and easy to make for breakfast or a light snack.



LEARN
HERBS



COOK
NATURALLY



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WELL



SHARE
GOODNESS



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