

Everything
HERBAL
by Cheryl Jabz

Spicy Herb SCRAMBLED EGGS



INGREDIENTS:

- 2–3 eggs
- 1 tbsp cilantro, chopped
- 1 tsp chili flakes or diced jalapeño
- 1 tbsp onion, finely chopped (optional)
- Salt & pepper to taste
- Olive oil



INSTRUCTIONS:



Sauté onion and chili in olive oil.



Add eggs and scramble gently.



Stir in cilantro before serving.



Great with avocado or wraps.



Fresh herbs and a kick of spice for a bold and delicious start!



PERFECT PAIRINGS:



Enjoy with sliced avocado, whole grain toast, or a veggie wrap.



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