

Everything Herbal

by Cheryl Jabz



*A fruity,
refreshing
frozen treat
with hibiscus tea,
honey, and
berries.*



Hibiscus Honey Herbal Popsicles

INGREDIENTS

- 2 cups hibiscus tea
- 1 tablespoon honey
- 1/2 cup sliced strawberries
- 1/2 cup blueberries

INSTRUCTIONS

- 1 Stir honey into cooled hibiscus tea.
- 2 Add berries to popsicle molds.
- 3 Pour tea mixture into molds.
- 4 Freeze 6–8 hours.

*Simple. Natural.
Made with Love.*



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