



Everything
Herbal
by Cheryl Jabz

Healthy Peppermint Cocoa

*A cozy, lighter cocoa with a
refreshing minty twist*



INGREDIENTS:

-  1 cup almond milk
-  1 tsp cocoa powder
-  1-2 drops peppermint extract
-  1 tsp maple syrup

INSTRUCTIONS:



Warm the almond milk gently, whisk in the cocoa powder, peppermint extract, and maple syrup until smooth, then serve warm.



BENEFITS:

Antioxidant-rich and a satisfying way to curb a sweet craving.

Cozy • Minty • Comforting



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