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BY CHERYL JABZ

Bringing the
goodness of herbs
to your table
and your life.

A Taste of Italy

Classic Italian Recipes
Made with Herbs

Exodus 30:23–25 (KJV)

And thou shalt take the chiefest
of the spices, even pure myrrh
five hundred shekels, and of
sweet cinnamon half so much,
even two hundred and fifty shekels,
and of sweet calamus two hundred
and fifty shekels,
And of cassia five hundred shekels,
after the shekel of the sanctuary,
and of oil olive an hin:
And thou shalt make
it an holy anointing oil,
an ointment compounded
after the art of the
apothecary...

Herbs
are God's
flavor and
healing.

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