



EVERYTHING HERBAL

by Cheryl Jabz

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Lavender Calm Lantern

*A relaxing lantern perfect
for bedrooms, baths, or
meditation spaces.*

SUPPLIES

- ✿ 1 mason jar or clear glass jar
- ✿ 2 tbsp dried lavender buds
- ✿ 1 tsp chamomile flowers
- ✿ Purple ribbon or twine
- ✿ Mod Podge or clear craft glue
- ✿ Small paintbrush
- ✿ LED tea light or real tea light

INSTRUCTIONS:

Clean and dry the jar thoroughly. Brush a thin layer of Mod Podge on the outside of the jar. Press lavender buds and chamomile flowers gently onto the glue. Add another thin coat of glue over the herbs to seal them. Let dry completely for 1–2 hours. Tie ribbon or twine around the top rim. Place an LED candle inside. Light and enjoy the calming glow.

Optional Additions:

Add a drop of lavender essential oil inside the jar rim. Sprinkle fine glitter for a moonlit effect.



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Inspiring natural living, one herb at a time.

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