



Everything HERBAL

by Cheryl Jabz

SCAN ME



RECIPES, TIPS &
HERBAL INSPIRATION

Bringing Herbs to Life, Naturally. ♥

Cucumber Mint Beauty Cubes

COOLING • REFRESHING • SKIN-SOOTHING

These herbal beauty cubes help calm, hydrate and refresh your skin naturally. Perfect for a cooling facial treatment or morning skin pick-me-up!

INGREDIENTS:

- ♥ 1/2 cucumber, blended
- ♥ Fresh mint leaves
- ♥ 1 tbsp aloe vera gel
- ♥ Water if needed

INSTRUCTIONS:

Blend cucumber until smooth. Mix in aloe vera gel. Add mint to trays. Pour mixture into trays and freeze.

Use gently on skin for a cooling facial treatment. ♥

NATURAL
INGREDIENTS

HYDRATES &
REFRESHES

SOOTHES &
CALMS SKIN

FREEZER
FRIENDLY



REAL INGREDIENTS • SIMPLE RECIPES • EVERYDAY WELLNESS

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www.EverythingHerbalbyCherylJabz.com

PURE
PLANT POWER
Gentle care
straight from
nature.

TIP:

Store in a freezer-safe container. Use a cube daily for a refreshed, glowing complexion!

