



EVERYTHING HERBAL

by Cheryl Jabz

Bay Leaf Rice



INGREDIENTS

- 1 cup rice
- 2 cups water or broth
- 2 bay leaves
- 1 tbsp butter
- Salt to taste



INSTRUCTIONS

1. Combine rice, liquid, butter, and bay leaves in a saucepan. Bring to a boil.
2. Cover and simmer until rice is tender.
3. **Remove bay leaves before serving.**



Cheryl's Tip

For extra flavor, use broth instead of water and fluff rice with a fork before serving.



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