



EVERYTHING HERBAL

by Cheryl Jabz

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Melt & Pour Turmeric Soap



Prep Time: 10 min.



Set Time: 3-4 hours
(or overnight)

INGREDIENTS:

- 1 lb (2 cups) Goat Milk Melt & Pour Soap Base
- 1 to 1½ tsp Turmeric Powder
(for color & skin benefits)
- 1-2 tsp Essential Oil
(Cinnamon, Lemon, Orange, or Lavender)
- Optional: 1 tsp Honey (for moisture)

INSTRUCTIONS:

Cut the soap base into small cubes and place in a microwave safe bowl. Melt in the microwave for 30 second intervals, stirring between to prevent burning. Stir in the turmeric powder until completely combined. Add essential oils and honey if using. Pour the mix into soap molds. Spray the top with rubbing alcohol to remove bubbles. Let it stand at room temperature for 3-4 hours or until hardened. Gently remove the bars from the mold.

*Turmeric can stain fabric - use caution.



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