



Everything HERBAL

by Cheryl Jabz

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Maple Sage Glazed Carrots

Sweet maple syrup and
fragrant sage transform
ordinary carrots into a
memorable side dish.



INGREDIENTS

- 1 lb carrots, sliced
- 1 tbsp butter
- 1 tbsp maple syrup
- 1 tsp fresh sage
- Pinch of salt

INSTRUCTIONS

1



Cook carrots
until tender.

2



Melt butter
in a skillet.

3



Stir in maple
syrup and sage.

4



Toss carrots in
glaze and serve.



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