

Everything Herbal

by Cheryl Jabz

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Garlic Herb Roasted Veggie Medley

INGREDIENTS:

- 2 zucchini, sliced
- 2 yellow squash, sliced
- 3 carrots, peeled and cut into sticks
- 2 tbsp olive oil
- 3 cloves garlic, minced
- 1 tsp dried thyme
- 1 tsp parsley
- ½ tsp rosemary
- Salt & pepper

INSTRUCTIONS:

- 1 Toss vegetables with oil, garlic, and herbs.
- 2 Spread on baking sheet.
- 3 Roast at 425°F for 25–30 min, stirring halfway.
- 4 Serve warm.
- 5 Great with chicken, fish, or rice bowls.

A simple roasted vegetable side dish with garlic and herbs, full of savory flavor and perfect with weeknight meals.



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