



EVERYTHING
Herbal

— by Cheryl Jabz —

✿ Herbs. Health. Healing. Naturally. ✿

8 Herbs That Grow Well Indoors



Fresh herbs at your fingertips—right from your kitchen or windowsill!



GROW FRESH
EAT FRESH
LIVE WELL



1 Basil

Loves warmth and sunlight. Great for cooking (pasta, salads). Needs regular watering.



2 Mint

Very easy to grow (almost too easy!). Prefers indirect light. Perfect for tea and desserts.



3 Parsley

Grows well in moderate light. Rich in vitamins. Keep soil slightly moist.



4 Chives

Low maintenance. Mild onion flavor. Trim often to encourage growth.



5 Thyme

Likes bright light and drier soil. Great for meats and soups.



6 Oregano

Needs lots of sunlight. Strong flavor for cooking. Let soil dry slightly between watering.



7 Rosemary

Needs bright light and good airflow. Water sparingly. Can be a bit picky indoors.



8 Cilantro

Prefers cooler indoor temps. Fast-growing but short-lived. Needs good light.



TIP:

Most herbs need bright light, good airflow, and consistent care to thrive indoors.



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HERB LOVE



A little care
today brings
flavor and joy
every day.



Grow it. Love it.
Use it! ✿

Cheryl Jabz

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