



BUBBIE'S THOUGHT

Quiet Strength

Herbs for the Body • Peace for the Soul
Live Well Naturally Every Day

A little reminder from Bubbie...

Gentleness is not weakness.

Sometimes the strongest thing we can do is remain calm,
speak kindly, and trust God when life feels uncertain.

A peaceful spirit can carry us through places
that worry never could.

GENTLE HEART • QUIET FAITH • STEADY STRENGTH

Isaiah 40:31 (NIV)

"Those who hope in the Lord will renew their strength. They will soar on wings like eagles."



SCAN ME



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MADE WITH
**HERBS
& LOVE**

QUIET STRENGTH
TRUST GOD DAILY