



10 Healing Herbal Soap Recipes

Nourishing melt & pour herbal soaps
for dry, mature, and sensitive skin.



1 Calendula Honey Comfort Bar

Ingredients:

- 1 lb goat milk soap base
- 1 tbsp calendula petals
- 1 tsp honey
- 1 tsp sweet almond oil
- 10 drops lavender essential oil

Benefit: Softens dry skin and feels soothing.



2 Honey Rose Glow Soap

Ingredients:

- 1 lb goat milk base
- 1 tsp honey
- 1 tsp rose clay
- 10 drops rose fragrance

Benefit: Leaves skin feeling soft and pampered.



3 Oatmeal Chamomile Relief Soap

Ingredients:

- 1 lb shea butter base
- 1 tbsp finely ground oatmeal
- 1 tbsp chamomile flowers
- 1 tsp honey

Benefit: Gentle cleansing with calming feel.



4 Avocado Herbal Cream Soap

Ingredients:

- 1 lb shea base
- 1 tsp avocado oil
- 1 tsp parsley flakes (tiny amount for color)
- 10 drops lavender oil

Benefit: Rich nourishment for dryness.



5 Rosehip Renewal Beauty Bar

Ingredients:

- 1 lb goat milk base
- 1 tsp rosehip oil
- 1 tsp crushed rose petals
- 10 drops geranium or rose fragrance

Benefit: Great choice for mature-looking skin.



6 Vanilla Oat Comfort Soap

Ingredients:

- 1 lb goat milk base
- 1 tbsp oatmeal
- 10 drops vanilla fragrance
- 1 tsp cocoa butter

Benefit: Warm scent and moisture boost.



7 Lavender Shea Moisture Bar

Ingredients:

- 1 lb shea butter base
- 1 tsp extra shea butter
- 15 drops lavender oil
- 1 tsp dried lavender

Benefit: Rich and relaxing.



8 Chamomile Milk Bath Bar

Ingredients:

- 1 lb goat milk base
- 1 tbsp chamomile
- 1 tsp coconut milk powder
- 10 drops vanilla or lavender

Benefit: Creamy luxury feel.



9 Aloe Calendula Sensitive Skin Soap

Ingredients:

- 1 lb aloe vera base
- 1 tbsp calendula petals
- 1 tsp jojoba oil
- 10 drops chamomile oil

Benefit: Good for delicate-feeling skin.



10 Frankincense Mature Skin Bar

Ingredients:

- 1 lb shea base
- 10 drops frankincense oil
- 1 tsp jojoba oil
- pinch calendula petals

Benefit: Popular choice for aging skin routines.



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