



EVERYTHING
Herbal

— by Cheryl Jabz —

♥ Herbs. Health. Healing. Naturally.

Month by Month HERB GUIDE

For Northeastern Gardeners



**MARCH -
APRIL**
(Start Indoors)

- ✓ Start basil and parsley seeds indoors
- ✓ Use seed trays with warmth and good light
- ✓ Parsley may take 2-3 weeks to sprout



MAY
(Transition
Month)

- ✓ Harden off seedlings (gradually introduce outdoors)
- ✓ Plant parsley outside mid-to-late May
- ✓ Wait until frost risk is gone for basil



**LATE MAY -
JUNE**
(Main Planting
Time)

- ✓ Plant outdoors:
Basil - Oregano - Sage - Parsley
- ✓ Choose a sunny location with well-draining soil



**JULY -
AUGUST**
(Growing
Season)

- ✓ Harvest herbs regularly
- ✓ Water consistently (especially basil & parsley)
- ✓ Trim oregano and sage to keep them bushy



**SEPTEMBER -
OCTOBER**
(Harvest & Prep)

- ✓ Harvest heavily before first frost
- ✓ Dry or freeze herbs for winter use
- ✓ Bring potted herbs indoors if desired



HAPPY GARDENING! ♥
A little care each season brings a harvest
of flavor, health, and joy.



Healthy Herbs
All Year Long!



Basil



Oregano



Sage



Parsley

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