



Lavender

Melt & Pour Soap

♥ NATURAL • CALMING • HANDMADE WITH LOVE ♥



Lavender soap is gentle, calming, and perfect for relaxing body and mind. Great for everyday use!

INGREDIENTS

- 1 lb melt & pour soap base (goat milk or shea butter works great)
- 1-2 tsp dried culinary lavender buds
- 10-15 drops lavender essential oil
- Optional:** 1 tsp vitamin E oil (for added skin nourishment)

INSTRUCTIONS

- 1 Cut soap base into small cubes.
- 2 Melt in microwave (in 30-second intervals) or double boiler.
- 3 Stir in lavender essential oil and vitamin E.
- 4 Add lavender buds and mix gently.
- 5 Pour into silicone molds.
- 6 Let cool and harden (about 1-2 hours). Remove from molds and store in a dry place.



TIP: Lightly spray the top with rubbing alcohol to remove bubbles.



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Relax.
Thrive Naturally.



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