



Simple Clove Infused Shampoo Recipe

A simple herbal hair-care infusion for scalp care and fragrance



1. INGREDIENTS

- 1 tablespoon cloves (whole or ground)
- 250 ml neutral, sulfate-free shampoo



2. PREPARATION

Add the cloves to a small pot with water. Bring to a boil, then simmer for 10–15 minutes to create a strong clove tea. Strain out the cloves and allow the liquid to cool completely.



3. MIXING

Pour the cooled clove infusion into your shampoo and mix well.



4. HOW TO USE

Apply to damp hair. Massage gently into the scalp. Leave on for about 5 minutes. Rinse thoroughly.



5. OPTIONAL BOOST

You can enhance the infusion by adding rosemary or cinnamon during the boiling process for additional scalp stimulation and fragrance.



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HAIR CARE TIP

Patch test first if you have a sensitive scalp, and avoid getting the shampoo in your eyes.



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