



Lavender HONEY CRÈME BRÛLÉE

Silky. Floral. Simply Divine. ♥

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A classic French dessert infused with lavender and sweetened with honey.

Creamy, rich, and topped with a perfectly caramelized sugar crust. ♥

INGREDIENTS

- 2 cups heavy cream
- 1 vanilla bean (or 1 tsp vanilla extract)
- 1 Tbsp culinary lavender (dried)
- 5 large egg yolks
- 1/3 cup raw honey
- 2 Tbsp sugar (plus more for caramelizing)
- Pinch of salt



DIRECTIONS

- 1 Preheat oven to 325°F (163°C).
- 2 In a saucepan, heat cream, lavender, and the split vanilla bean over medium heat until just simmering.
- 3 Remove from heat, cover, and let steep for 15–20 minutes.
- 4 Strain the cream through a fine mesh sieve. Discard lavender and vanilla bean.
- 5 In a bowl, whisk egg yolks, honey, sugar, and salt until smooth.
- 6 Slowly whisk the warm cream into the egg mixture.
- 7 Pour into ramekins. Place in a baking dish, add hot water halfway up the sides. Bake 30–35 minutes, until just set. Cool, then refrigerate for at least 2 hours.

Before serving, sprinkle sugar on top and caramelize with a torch until golden and crisp. ♥



Cheryl's Tip ♥

Use culinary lavender only. Too much can be overpowering. A little goes a long way for the perfect floral touch!



LAVENDER: A DELICATE HERB

Lavender has a light floral flavor that pairs beautifully with cream, honey, and vanilla. It promotes relaxation and adds a touch of elegance to both sweet and savory dishes.



PERFECT PAIRINGS



FRESH
BERRIES



SHORTBREAD
COOKIES



HERBAL TEA
(LAVENDER OR
CHAMOMILE)



A GLASS OF
DESSERT WINE



Indulge in the delicate flavors of Provence. Lavender and honey come together to create a dessert that's timeless and unforgettable. ♥



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EVERYTHING HERBAL
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